

SOTHYS INSTITUTE FACIALS

Truly specialised and effective treatments which produce visible results.

Included in the cost of your first facial at About Face is a FREE, private consultation during which your skin will be professionally analysed. Your wish list for your skin will be noted and the therapist will then choose which facial is most suited to you. She will prescribe home care products from the Sothys range to enhance the benefits of your facial, thereby maximising your investment in your skin.

Youth Intensive Treatment

Dynamic anti-wrinkle, lifting and firming.....£81

Energising Intensive Facial

Renews the skin's natural radiance. Provides energy and restores youthfulness to the complexion£79

Hydra Hyaluronic Acid* Facial

Restores the skin's self-hydrating properties. Provides softness, suppleness and radiance.....£76

Resurfacing Peeling Facial

Using glycolic acid for complete skin renewal – reduces wrinkles, scarring, sun/age spots, blocked pores. Restores freshness and vitality£59

Correcting Professional Facial

For imbalanced skins, oily skins, acne and blemish problems. 1hr.....£45

Soothing Professional Facial

Ultra-calm, **desensitising** and comforting for the most sensitive and reactive skins. 1hr.....£50

Galvanic Facial

Superbly deep cleansing full facial using tiny amounts of galvanic current to drive products into the skin. Eliminates blackheads and tighten pores£54

Full Facial

Deep cleanse, steam, masque & massage£48

Mini Facial

Cleanse, steam and masque£38

10%
DISCOUNT

PAY FOR A COURSE OF 4 OR 6 FACIALS AND RECEIVE 10% DISCOUNT (Excludes Mini Facial)

As an appointed salon, we stock the full range of Sothys products. Please ask for a product price list.

Holistic & Luxury Body Therapies

CLINICAL AROMATHERAPY

This complementary therapy is the ancient art of healing and soothing through massage with essential oils. These oils are extracted from plants and are used to treat a wide variety of common ailments such as stress, depression, PMT, insomnia, muscular aches and pains, skin problems and much more.

Back and shoulders£40
Full body£60

HOT STONE THERAPY

Hot stone massage is an ancient therapy dating back some 5000 years. It originated from healers using rocks and stones from riverbeds which they warmed on hot coals or in hot water.

We use the hot stones to relax the muscles and soothe any pain.

Back and shoulders£40
Full body£60

AROMASTONE

This gives you the best of both worlds by combining the benefits of Aromatherapy with those of Hot Stone Therapy into one fabulous treatment.

Back and shoulders£45
Full body£65

INDIAN HEAD MASSAGE

Indian head massage promotes a sense of calmness, peace and tranquillity, high levels of concentration, sound sleep and clearer thinking. Significant improvement is noticed in the following conditions:

- Depression and anxiety
 - Migraine
 - Sinusitis
 - Nightmares
 - Tinnitus
 - Insomnia and disturbed sleep
 - & many more ailments
- 30 minute treatment£40
1 hour treatment.....£60

REFLEXOLOGY

Reflexology is a form of complementary medicine involving massage to reflex areas found in the feet.

Numerous different disorders have been successfully treated by reflexology including migraine, sinus problems, hormonal imbalances, breathing disorders, digestive problems, circulatory problems, back problems, tension and stress.

Reflexology per session£45

SWEDISH MASSAGE

Swedish Back Massage£40
Swedish Full Body Massage£60

BODY CARE

Mini Bacial

Cleanse, steam and masque for the back£39

Galvanic Bacial

Superbly deep cleansing treatment for the back using tiny amounts of galvanic current to drive products into the skin. Eliminates blackheads and tightens pores. Includes massage.....£58

LUXURY HAND AND FOOT TREATMENTS

A delightful, sensory and deeply relaxing experience that will also soften and nourish the skin of your hands and feet.

- Hand cleanse or foot spa
- Exfoliation
- Massage
- Heated mitts/booties
- Massage

Luxury Hand Treatment

This treatment starts with exfoliation followed by a soothing, relaxing massage after which a nourishing mask will be applied. Your hands will be wrapped then enveloped in heated mitts while the mask works its magic.....£32

Luxury Foot Treatment

This treatment starts with a vibrating foot spa to cleanse and soften your skin. Exfoliation is next, followed by a soothing, deeply relaxing massage after which a softening and nourishing mask will be applied to the skin. Your feet will be wrapped then enveloped in heated booties while the mask works its magic, allowing you to switch off completely.....£39



ABOUT FACE IS AN
APILUS ELECTROLYSIS CENTRE

APILUS[®]

APILUS computerised electrolysis offers advanced technology with proven effectiveness in the field of permanent hair removal. Apilus delivers more effective and **more comfortable treatments** as well as 100% permanent results. All skin colours and hair colours can be treated. Also, thanks to its selective technique, facial hair near the eyes can be removed safely. The gentle way to 100% permanent hair removal.

Don't settle for anything less!



Clinic Hours:

Mon & Fri: 9am – 6pm
Tues, Wed, Thurs: 9am – 8pm
Saturday: 9am – 5pm

Cancellation Policy

A minimum of 24 hours' notice is required for cancellation of appointments. If you cancel within 24 hours 50% of the cost of the appointment booked will be charged. If you do not notify us, the full cost of the appointment booked will be charged. Any booking fee is forfeited. Prepaid appointments and gift vouchers will be forfeited.

Running Late Policy

To ensure punctuality, appointments that start late due to client lateness will finish at their scheduled time, resulting in a shorter service or no service. No discounts will be given for shorter appointments or no service due to client lateness.

ABOUT FACE

INVESTORS
IN PEOPLE | Gold

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ABOUT FACE

ELECTROLYSIS, IPL & BEAUTY CLINIC
Established 1986



**Glasgow's Premier
Professional Electrolysis,
IPL and Beauty Clinic**

Fully Qualified
Electrolysis/Therapists

BIAE
British Institute
& Association Of
ELECTROLYSIS

All staff take the assessment to become
Registered Members of the British Institute
& Association of Electrolysis.

ELECTROLYSIS*

Electrolysis is the only Medically Approved method of **Permanent Hair Removal**.

Unwanted hair is a problem for many people of any gender and the distress it causes is vastly underestimated. More people have hair permanently removed by electrolysis than you can probably imagine.

Please ask for our specialist leaflet on electrolysis.

All our electrolysisists undertake post-graduate examinations to become registered with the British Institute & Association of Electrolysis (M.B.I.A.E. , C.R.P.E.)

Electrolysis Prices

- Consultation (Free if treatment on same day.) £25
- *Up to 15 mins £30
- *15 - 30 min appointment £50
- *30 - 45 min appointment £65
- *45 mins to 1 hour £80
- *Each additional 15 mins or part thereof £20



PAY FOR A COURSE OF 10 TREATMENTS AND RECEIVE 10% DISCOUNT

ADVANCED ELECTROLYSIS*

Advanced Electrolysis Blemish Removal [Advanced Electrolysis] is used for the safe removal of many benign fibrous and vascular blemishes including:

- | | |
|-------------|---------------------------|
| Moles | Whiteheads [Milia] |
| Blood Spots | Seborrhoeic Warts |
| Warts | Sebaceous Hyperplasia |
| Red Veins | Pigmentation |
| Syringoma | Age Spots / Sun Spots |
| Skin Tags | Dermatosis Papulosa Nigra |
| Xanthelasma | Dermatofibroma |

Using electrolysis to remove these blemishes is quick and safe and unlike surgical removal leaves no scar. Often only 1 treatment is required.

See our specialist leaflet on Advanced Electrolysis

- Consultation (Free if treatment on same day.) £30
- *Mole Removal**
- Treatment up to 15 min appointment £120
- Treatment 15-30 min appointment £220
- Each additional 15 mins or part thereof £80
- Further treatment within 1 year per 15 mins £90
- *All Other Blemishes**
- Treatment up to 15 min appointment £90
- Treatment 15-30 min appointment £160
- Each additional 15 mins or part thereof £60
- Further treatments within 1 year per 15 mins £70

*Please Note:

A 15 min appointment will include up to 10 mins of treatment, a 15 to 30 min appointment will include up to 25 mins of treatment and so on. As our appointments are timed, if you need longer to get ready at the end of yours, may we respectfully request that you use our washroom. Thank you for your co-operation.

If you have any questions for your electrolysisist it would help us greatly if you ask at the beginning of your appointment time.

IPL/LASER – PERMANENT HAIR REDUCTION

Achieve up to 85% **permanent reduction** in hair growth with our IPL system – the most advanced hair removal and skin rejuvenation technology available. Please ask for our specialist leaflet on IPL/Laser.

IPL Hair Removal Treatment Prices

Consultation and Test Patch	£25	
<i>Area to be Treated</i>	<i>Single</i>	<i>Course of 6*</i>
Upper Lip	£35	£175
Chin	£50	£250
Upper Lip & Chin	£70	£350
Lower Lip	£25	£125
Jawline	£50	£250
Neck (front)	£100	£500
Neck (back).....	£80	£400
Throat	£50	£250
Cheekbones	£75	£375
Lower Cheeks	£95	£475
Sides of Face	£75	£375
Full Face (excluding neck).....	£120	£600
Full Face & Neck (front)	£150	£750
Nose	£30	£150
Ears (both external)	£55	£275
Between Eyebrows	£25	£125
Hairline	£70	£350
Under Arms (both).....	£70	£350
Bikini	£80	£400
High Bikini	£95	£475
Brazilian Bikini	£120	£600
Hollywood Bikini	£130	£650
Bikini + Inner Thighs	£130	£650
Brazilian + Inner Thighs	£150	£750
Hollywood + Inner Thighs	£160	£800
Forearms (both)	£90	£450
Upper Arms (both)	£120	£600
¾ Arms (both)	£135	£675
Full Arms (both)	£150	£750
Shoulders	£100	£500
Chest Midline	£50	£250
Chest Full (from)	£120	£600
Nipples.....	£50	£250
Stomach Midline	£50	£250
Stomach Full (from).....	£120	£600
Upper Legs (both).....	£190	£950
Lower Legs (both).....	£160	£800
Inner Thighs	£70	£350
Full Legs (both)	£250	£1250
Upper Back.....	£110	£550
Lower Back	£110	£550
Full Back	£200	£1000
Buttocks (both)	£110	£550
Hands (both).....	£40	£200
Feet (both).....	£50	£250
Fingers & Toes (each)	£5	£20

IPL/LASER SKIN THERAPIES

Please ask for our specialist leaflet on IPL/Laser.

IPL Treatment Prices

Consultation and Test Patch

£25

IPL for Skin Rejuvenation

Includes treatment of red veins, sun/age spots and scar tissue.

	<i>Single</i>	<i>Course of 6*</i>
Face and neck.....	£150	£750
Face only	£120	£600
Neck only (front).....	£100	£500
Décolleté	£120	£600
Face, neck and décolleté	£200	£1000
Mouth	£40	£200
Eyes	£60	£300
Forehead	£60	£300
Hands (both).....	£60	£300

IPL for the Treatment of Acne

Face only	£100	£500
Face and neck.....	£130	£650

IPL for Vascular Conditions

Thread veins/blood spots	from £60	from £300
Rosacea.....	from £60	from £300

IPL for Other Conditions

Age/Sun Spots	from £60	from £300
Open Pores.....	from £60	from £300
Post-Acne Scarring	from £60	from £300

*WHEN YOU BUY A COURSE OF SIX IPL TREATMENTS YOU ONLY PAY FOR FIVE

ONE FREE



WAXING

This is a form of Hair Removal recommended for the body rather than the face (although facial waxing is possible, ELECTROLYSIS or IPL is recommended). Waxing lasts between 3 and 6 weeks depending on your rate of hair growth. It leaves your skin soft and smooth, with no stubbly re-growth like shaving.

Full Legs.....	£34
Full Legs and Bikini.....	£41
Full Legs and High Bikini	£51
Full Legs and Brazilian	£65
¾ Legs	£28
¾ Legs and Bikini	£38
½ Legs (knees to ankle)	£21
½ Legs (knees to bikini)	£25
Bikini	£19
Brazilian Bikini	£39
Hollywood Bikini.....	£41
Underarms.....	£15
½ Legs, Bikini and Underarms	£45
½ Legs, High Bikini and Underarms	£55
Fore Arms.....	£21
Upper Arms.....	£24
Full Arms	£27
Chest.....	£29
Back.....	£34
Abdomen.....	£24
Chest, Back and Abdomen	£70
Full Legs male.....	£40
Upper Lip	£12
Chin.....	£13
Upper Lip and Chin	£20
Full Face (excluding eyebrows)	£29
Eyebrows.....	£14

GIFT VOUCHERS

Our Gift Vouchers are the ideal answer to your present problems and they can be used for all treatments and products.

You can choose from: £10, £20, £50 & £100

Buy them from our website, at reception or by phone.



CACI NON-SURGICAL FACE LIFT



About Face is proud to introduce CACI – the award-winning, finest, non-surgical face lifting treatment available. In addition to general facial lifting, other noticeable improvements you will see include:

- Forehead lines smoothed and eyebrows raised
- Crows’ feet softened and under-eye puffiness reduced
- Cheeks firmed and plumped
- Nose-to-mouth lines softened and lip lines diminished
- Sagging jawline lifted and crepey neck smoothed
- Skin elasticity restored
- Pores tightened
- Individual lines or wrinkles treated intensively

CACI per session.....	£58
CACI with any other Facial	£44
Course of 10 treatments (a saving of £80!)	£500



MICRODERMABRASION

Would you like to have smoother, younger looking skin? With Microdermabrasion your skin will be softer, smoother, more radiant and lines will be diminished.

There’s no ‘down time’ either – you can go straight back to work after microdermabrasion.

<i>Area to be Treated</i>	<i>Single</i>	<i>Course of 6*</i>
Face	£39	£195
– Along with any other Full Facial	£29	
Face and neck.....	£44	£220
– Along with any other Full Facial... ..	£34	
Face, neck and décolleté	£55	£275
– Along with any other Full Facial... ..	£45	
Décolleté.....	£39	£195
Hands	£34	£170
Backs of arms.....	£44	£220

*Includes one free treatment.

EYE CARE

Eyebrow Shape (wax or tweeze)	£14
Eyebrow Tint	£14
Eyelash Tint	£18
Eyelash & Eyebrow Tint	£28